

Discuss the Benefits and Risks of Prescription Medicines



If you are one of the millions of Americans who takes a prescription medicine, ask yourself:

Do I fully understand the benefits and potential risks of the medicines I'm taking?

If your response is no, take the time to talk with your healthcare provider.

Here are 4 tips to guide your conversation:

- 1 Talk to your healthcare provider and ask questions about the benefits and potential risks of prescription medicines you take.
- 2 Tell your healthcare provider about all of the medicines you are taking—including over-the-counter medicines, vitamins, and dietary supplements.
- 3 Tell your healthcare provider about any allergies or sensitivities that you may have.
- 4 Read and follow the medicine label and directions.

For more information, visit TalkBeforeYouTake.org.